



## 4 GUIDELINES:

1. **QUALITY** (use a mix of many ingredients)
2. **VOLUME** (more than 1m<sup>3</sup>)
3. **MOISTURE** (keep damp like a rung sponge!)
4. **CIRCULATION** (turn it or poke it full of holes. The more you turn it – the hotter / faster it will break down.)

## MOISTURE CHECK!

Grab a handful of compost and squeeze, is there?

- a) **Lots of dripping moisture? = Too wet.**
- b) **Beads of moisture = Perfect!**
- c) **No moisture at all? = Too dry.**

**TIP: Get water right into the middle of your compost.**

### GOOD COMPOST IS:

# 70%

“CARBON BROWNS”

- **Fallen leaves**
- **Straw / Pea straw**
- **Twigs / Branch cuttings**
- **Newspaper**
- **Cardboard (boxes, toilet rolls etc.)**
- **Saw dust**

### GOOD COMPOST IS:

# 30%

“NITROGEN GREENS”

- **Manure**
- **Fresh plant clippings**
- **Lawn clippings**
- **Coffee grounds**
- **Food scraps**
- **Old compost**
- **Nettles & comfrey**